



Lancashire Gynaecologist

Eric Mutema

laluril – a topical treatment used to support the bladder and pelvic area

What is Ialuril?

Ialuril is a topical treatment used to support the bladder and pelvic area, most commonly aimed at women experiencing lower urinary tract symptoms linked to irritation, inflammation, or sensitivity of the bladder lining (urothelial dysfunction). It's typically used as part of a broader, clinician-guided plan alongside lifestyle changes and other therapies when needed.

For many women, bladder symptoms aren't only about infection or "overactive bladder." Sometimes the bladder behaves like it is chronically irritated sending frequent or urgent signals, causing discomfort, or disrupting normal daily life. Ialuril is designed to help the bladder's protective function and soothe symptoms by targeting the environment where irritation occurs.



How Ialuril helps women with bladder issues

When the bladder lining is irritated, it can become more reactive. This may contribute to symptoms such as urgency, frequency, and discomfort. Ialuril works by supporting the bladder's ability to recover its healthy function, helping reduce the cycle of irritation.

In practice, Ialuril may help with:

- Urinary urgency
- Reduces the intensity of "can't wait" bladder sensations.
- Urinary frequency
- Helps decrease how often you feel the need to urinate.
- Bladder discomfort or irritation
- Supports calming of the bladder environment, which may reduce day-to-day irritation.
- Recurrent symptom patterns
- May be used to help women who notice symptoms returning over time, particularly when irritation seems to be a key driver rather than infection alone.

Who might benefit from laluril?

laluril may be considered by your urogynaecologist if your symptoms suggest that bladder irritation is playing a significant role especially when there is ongoing discomfort or a pattern of symptoms that doesn't fully match simple infection.

Common situations where it may be discussed include:

- Women with persistent lower urinary tract symptoms
- Bladder sensitivity or irritation after infection or inflammation
- Symptoms that fluctuate but repeatedly return
- Cases where bladder lining health is suspected to be involved

Your clinician can help confirm whether your symptoms fit and whether laluril is appropriate alongside other treatments.



What to expect during treatment

Every patient's plan is personalised. However, most women use laluril according to the regimen recommended by their urogynaecologist, and treatment is usually started with the goal of improving symptoms gradually rather than providing an instant "cure."

Typical expectations include:

- A gradual improvement in symptoms
- Monitoring of response over the treatment period
- A review of ongoing urinary symptoms
- Including whether urgency, frequency, or discomfort have improved
- Whether further investigations or additional therapies are needed

If symptoms worsen, you develop fever, or you suspect an infection, it's important to contact your healthcare team promptly.

laluril as part of a whole-patient approach

Bladder symptoms can have multiple contributing factors such as pelvic floor dysfunction, hormonal changes, constipation, fluid habits, stress, nerve sensitivity, or recurrent infections. The most successful outcomes often come from combining therapies and addressing triggers.

laluril may be used alongside:

- Pelvic floor physiotherapy
- Lifestyle and bladder habit strategies
- Management of constipation
- Hormonal considerations (when relevant)
- Targeted treatment for infections (if present)

We can help tailor the plan based on your history, examination and any test results.



Questions to ask your urogynaecologist

If you're considering laluril, you might want to discuss:

- Is my symptom pattern consistent with bladder irritation?
- How long should we try laluril before judging response?
- Should we continue any current therapies while starting laluril?
- Do I need urine tests or other assessments first?
- What symptoms should prompt me to contact you immediately?

Mr Eric Mutema
Consultant Obstetrician and Gynaecologist
MBChB, MRCOG



The Lancashire Gynaecologist

Mr Eric Mutema is a highly experienced and respected Consultant Obstetrician and Gynaecologist. He founded his private practice, the Lancashire Gynaecologist, to provide a service to women in Lancashire and beyond and respond to the shortage of specialist gynaecological services available to women missing out on individualised care and treatment. The Lancashire Gynaecologist offers patients individual attention, an empathetic, compassionate approach and patient-centred care. His patients will receive a full consultation that takes their overall health into account and subsequent treatments will be tailored to meet the needs of the individual woman. So please don't wait and put off seeking treatment; we're available, convenient and we can help you.



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For more information, contact:

Cheryl Wood
Secretary to:
Mr Eric Mutema
Consultant Obstetrician and Gynaecologist
MBChB, MRCOG

Tel: 07835487700

Call: info@lancashiregynaecologist.co.uk

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